

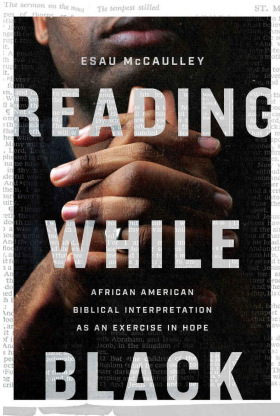
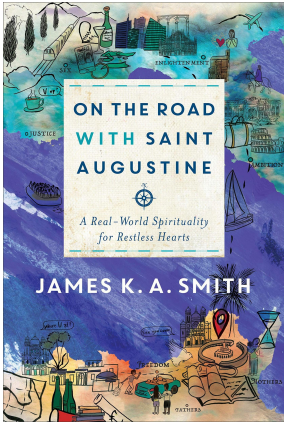
2021-22

Parents' Educational Course Reading List

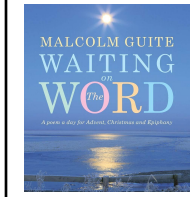
Divinity

This section of the original Mother's Educational Course contained books in the following three subcategories:

1. The Study of portions of Old and New Testaments
2. Books illustrating the Old Testament from the results of modern research
3. Books containing practical teaching with regard to the religious life

Subcategory 1	Subcategory 2	Subcategory 3
		
<p>Reading While Black: African American Biblical Interpretation ... by Esau McCaulley</p>	<p>Even Better Than Eden: Nine Ways the Bible's Story Changes Everything about Your Story by Nancy Guthrie</p>	<p>On the Road with Saint Augustine: A Real-World Spirituality for Restless Hearts by James K. A. Smith</p>
<p>This was one of our favorite books read this year, and given the importance of this subject in our cultural moment, we think this is an important title to include on this year's list. McCaulley's thesis is relevant to all people reading Scripture, but especially for those of us in an American context.</p>	<p>This book is an extremely engaging look at major biblical themes and will give you a deeper understanding of the story the Bible tells. If you can listen to the audio version, Guthrie's own narration will draw you in even more. We promise this book will give you a deeper love and appreciation for God's Word.</p>	<p>This book is a fresh look at an ancient church father whose own journey to faith is extraordinarily like our own. Smith shares fascinating perspectives on ourselves through the eyes of St. Augustine. Each of us is journeying through life one way or the other and the illustrations Smith offers give us fresh insight and hope for the road we each are traveling.</p>
<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>

Bonus Book



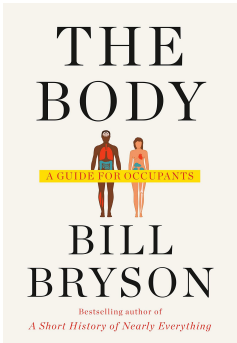
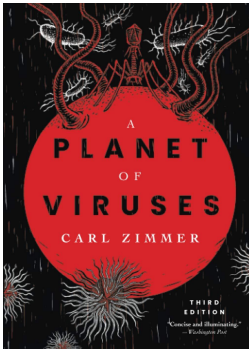
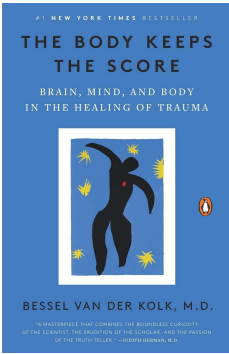
Waiting on the Word: A poem a day for Advent, Christmas and Epiphany
by Malcolm Guite

Since poetry is such an important aspect of a Charlotte Mason education, we thought this would be an enriching addition to the PEC reading list this year. Make sure you order this before Thanksgiving to have on hand for some daily nourishment during the Advent and Christmas seasons.

Physiology and Health

This section of the original Mother's Educational Course contained books in the following three subcategories:

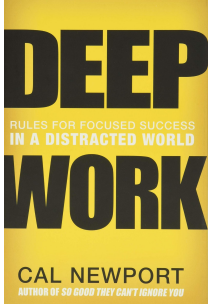

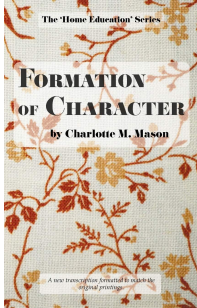
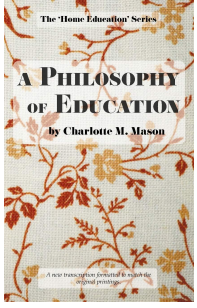
1. The organs of the body
2. The laws of health
3. The care of sick and of infant children (We will be including books on learning challenges and special needs here)

Subcategory 1	Subcategory 2	Subcategory 3
		
<p>The Body: A Guide for Occupants by Bill Bryson</p>	<p>A Planet of Viruses by Carl Zimmer</p>	<p>The Body Keeps the Score by Bessel van der Kolk</p>
<p>This book teaches in a clear and entertaining way about the organs or organ systems from head to toe.</p>	<p>This book tells how viruses work and shares their storied history. Rather than focusing entirely on the viruses that have made humans deathly ill, it tells of viruses found deep in caves and the ocean, as well as those that cause the common cold and flu.</p>	<p>Everyone experiences trauma, physically or emotionally, mild or severe. This highly relevant book offers insight regarding how the mind and body interact to help us cope, or fail to cope. There is hope and encouragement for healing.</p>
<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>

Mental and Moral Science & Education

This section of the original Mother's Educational Course contained books in the following four subcategories:

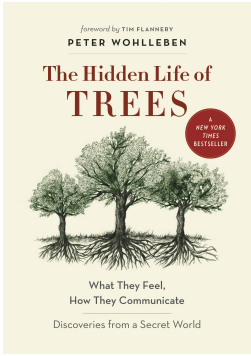
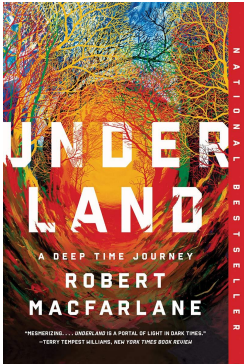
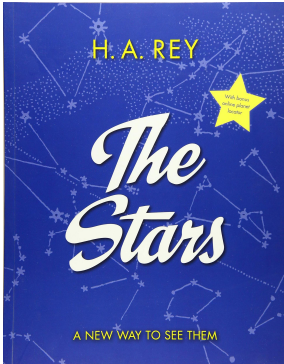
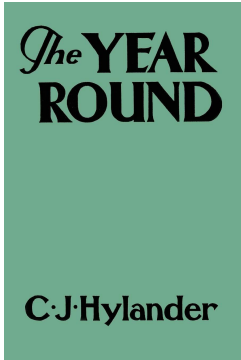
1. Mental Physiology
2. Ethics
3. Theory of Education
4. Methods of Instruction

Subcategory 1	Subcategory 2	Subcategory 3	Subcategory 4
			
<p>Deep Work: Rules for Focused Success in a Distracted World by Cal Newport</p>	<p>How to Think: : A Survival Guide for a World at Odds by Alan Jacobs</p>	<p>Formation of Character by Charlotte M Mason</p>	<p>A Philosophy of Education: The Home Education Series by Charlotte M Mason</p>
<p>We all work, and how to be more productive in our work is important. Further, as CM devotees, we wish to teach our children how to work well. This book aligns with what CM taught us about attention and how to use our study time to the best advantage while also highlighting the importance of time away from that work, as she did.</p>	<p>This is a short, concise, often humorous look at the habit of thinking. This book examines, kindly and compassionately, why we feel at odds with the other side, and more importantly, how we can learn to understand people who think differently than we do. I cannot think of a more practical and relevant book for today's polarized opinions and conversations.</p>	<p>This is perhaps a parent's best guide to comprehending our children's faults, offering discernment about habits that can free them from character deficits that are common trials to themselves and their parents. CM includes classic literary examples, which provide additional insight to often abstract ideas.</p>	<p>This final volume of CM's offers to the educator of her own day a synopsis of her method and a brief overview of her entire curriculum through the forms. It also addresses and challenges the common opinions of educators of her day, many still firmly held in ours, as well as a defense by logic and example of the effectiveness and fruitfulness of her ideas.</p>
<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>

Nature Lore and Elements of Science

This section of the original Mother's Educational Course contained books in the following four subcategories:

1. Botany
2. Geology
3. Astronomy
4. Study of Animal Life

Subcategory 1	Subcategory 2	Subcategory 3	Subcategory 4
			
<p>The Hidden Life of Trees: What They Feel, How They Communicate by Peter Wohlleben</p>	<p>Underland: A Deep Time Journey by Robert MacFarlane</p>	<p>The Stars: A New Way to See Them by H. A. Rey</p>	<p>The Year Round: A Book of the Out-of-Doors Arranged According to Season by Clarence John Highlander</p>
<p>An explanation of the amazing processes of life, death, and regeneration of trees. A walk amongst the trees will be far more interesting once you know all that is going on beneath the surface.</p>	<p>Going down into the earth can be claustrophobic and frightening, even through the pages of a book, but what you will discover in the caves, catacombs, bunkers, mines, glacier shafts, and underground laboratories visited in this book will astound you.</p>	<p>We think you'll love this book written by the author of Curious George, and gain a better understanding of the constellations found in the night sky. Written for adults, but equally loved by children, Rey gives us all a simpler way of seeing the stars.</p>	<p>Miss Mason encouraged all persons who interacted with children to grow in their nature knowledge. Highlander's book is a helpful guide for those of us seeking to deepen our understanding of the natural world. Arranged by season, this book contains general information helpful no matter where you live, even if the specific species he describes aren't local to you.</p>
<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>	<p><input type="checkbox"/> Date Completed: _____</p>