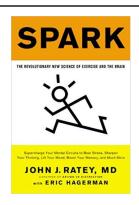
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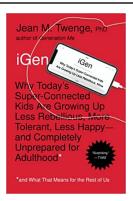
Parents' Educational Course Reading List

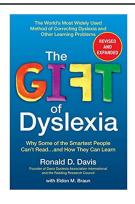
Divinity



Physiology and Health







Spark: The Revolutionary New Science of Exercise and the Brain by John Ratey iGen: Why Today's
Super-Connected Kids Are
Growing Up Less Rebellious,
More Tolerant, Less
Happy--and Completely
Unprepared for
Adulthood--and What That
Means for the Rest of Us
by Jean M. Twenge

Gift of Dyslexia: Why Some of the Smartest People Can't Read...and How They Can Learn by Ronald D. Davis

This psychiatrist presents a compelling new case for the mind-body connection. We all know the body's health is affected by the mind, but this book convincingly shows evidence of how much the body strengthens the mind and benefits the brain. Full of neuroscience and body chemistry, it is nevertheless a page turner.

There are a lot of opinions about the current generation of young people, many of them alarming. The author of this book, a social psychologist who studies generational trends, shares which of our conceptions are accurate and which are misconceptions. Twenge takes us on a tour of scientific data and personal interviews that helps us understand the mindset of this generation, both its strengths and weaknesses. This is an important book to help understand the challenges facing our children, as well as the peers they associate with.

Written by a man who grew up dyslexic, this book will give you a glimpse into the fascinating way your dyslexic child's mind works. It provides you insight into their incredible strengths and a better understanding of their challenges. In addition, it includes exercises that may help their progress.

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Mental and Moral Science & Education

John Mark Comer The Ruthless Elimination of Hurry Foreword by John Ortberg	SECULAR CREED (REFERENCE SPRE) CHIEFERING CINES REBECCA MULAUGHLIN	HABITS OF THE HOUSEHOLD PRACTICING THE STORY OF GOD IN EVERYDAY FAMILY RHYTHMS
The Ruthless Elimination of Hurry: How to Stay Emotionally Healthy and Spiritually Alive in the Chaos of the Modern World by John Mark Comer	Secular Creed: Engaging Five Contemporary Claims by Rebecca McLaughlin	Habits of the Household: Practicing the Story of God in Everyday Family Rhythms by Justin Whitmel Earley
The title reveals the problem and the purpose of this book. Written in his usual conversational style, Comer gives practical guidelines for returning to a sane and satisfying pace of life.	The constant bombardment of our media driven culture dispenses lies right and left. As Christians navigate an increasingly secular society, it is crucial to think rightly, not react extremely. This book addresses five of the most dominant and ubiquitous contemporary claims and proposes righteous, Biblical, and sensible thinking during the onslaught of the loud claims that swirl about us.	Many people struggle to connect the dots between Miss Mason's principles for habit training and character development and the child in front of us-how to implement these ideals in a practical way. This book is just such a link, but without making a system or formula. We think this is a must read for all parents.
Date Completed:	Date Completed:	Date Completed:

Nature Lore and Elements of Science

house. You'll know the best

place to set your beach or

picnic blanket.

Date Completed:___



consideration and

encourages Christians to

take our stewardship responsibility seriously.

Date Completed:__

protect the wildlife around

us, both flora and fauna.

Date Completed:____